

Trail Conference Web Store Opens for Business

The NY-NJ Trail Conference Web store—the Hikers' Marketplace—is now up and running. We've entered the 21st century!

Browse the new electronic Hikers' Marketplace to see the range of Trail Conference maps and guidebooks that are available for purchase. You'll find full descriptions of our maps, guidebooks, and other items. Buying your selections via the web store is quick and easy.

And the store is more than just maps and guidebooks! Non-Members can join the Trail Conference through the Hikers' Marketplace, and then take advantage of member prices. Current members can also use the Hikers' Marketplace to both renew their memberships and make donations.

You can enter the store from the Trail Conference's home page—http://www.nynjtc.org. Just look for "Hiker's Marketplace" on the menu. Remember, as members you can use the Members' section of the Marketplace.

To purchase items from the store, you need a Mastercard, Visa, or American Express card. Rest assured that your credit card information is fully protected and encrypted through the use of modern Web security methods and software.

For those of you who don't wish to send credit card information through the



Web, you can still browse through the Hikers' Marketplace to see which items you wish to order, then either:

print a copy of the order form from the Web and mail it to the Trail Conference office, or

use the Order Form on page 8 of

this issue, or

phone your order into the Trail Conference Office at 212-685-9699.

Special thanks to Trail Conference member Dave Bertollo for his energies to get our web store up and running.

Celebrating East Hudson Conservation



of Conservation in the east Hudson Valley was held on September 23, hosted for the Trail Conference by Anne and Fred Osborn at "Cat Rock," their home in

A Celebration

Garrison. The event featured two speakers from among our partners in the east Hudson area: Joe Martens, President of Open Space Institute, and Chris Davis, President of the Hudson Highlands Land Trust. Above, three wonderful land conserva tors and Trail Conference members conferring about recent achievements in the Hudson Valley: Dr. Margaret Johns, Klara Sauer, and Anne Sidamon-Eristoff. See page 3 for more coverage.

\$10,000 American Express Company grant to aid Highlands Trail

The NY-NJ Trail Conference is very pleased to announce receipt of a \$10,000 grant from the American Express Company to further develop the Highlands Millennium Trail in New Jersey.

The Highlands Trail was designated New Jersey's Millennium Trail in October 1999 by the nationwide Millennium Trails program, a partnership among the White House Millennium Council, U.S. Department of Transportation, and Railsto-Trails Conservancy, in cooperation with other agencies and organizations.

The American Express Company is a major financial supporter of the Millennium Trails program.

Of the 50 designated millennium trails across the country, only selected trails were considered for an American Express

"We're giving grants to states that are places where American Express's employees and customers live and work," noted American Express Company's New Jersey and Pennsylvania District Manager Eric Frankovic. "We also think the Highlands Trail is an exciting project."

"This grant will enable the Trail Conference to enhance the vision and mission of the Highlands Trail to benefit the present and future constituents well into the new millennium," noted Bob Moss, Highlands Trail Committee Chairman.

Our thanks to the American Express Company for their support.

What's Inside

Trail News 4
Trail Crew Schedules 5
Hikers' Bookshelf 6
For & About Our Members 7
View from Albany 10
Hikers' Almanac 12

TRAIL WALKER

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NEW YORK - NEW JERSEY TRAIL CONFERENCE

Mission Statement

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The New York-New Jersey Trail Conference, founded in 1920, is a federation of member clubs and individuals dedicated to providing recreational hiking opportunities in the region, and representing the interests and concerns of the hiking community. The Conference is a volunteer-directed public service organization committed to:

Developing, building, and maintaining hiking trails.

- hiking trails.

 Protecting hiking trail lands through
- support and advocacy.

 Educating the public in the responsible use of trails and the natural environment.

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The New York-New Jersey Trail Conference is a volunteer, non-profit 501(c)(3) organization. It is a federation of 88 hiking and outdoor groups, and 10,000 individuals.

from the president's notepad...

One Hundred Years Old and Still Growing

This month my notepad is a mixed bag of news-some about change, but mostly about celebrating stability.

The announcement of Jan's leaving has made us all pause to inventory the changes he has helped bring about in his brief stint as Executive Director, From implementing our strategic plan and new data base, to enhancing our fund raising and publications capacity, together we have grappled with major changes in the Trail Conference, And in light of skyrocketing rents in midtown Manhattan we will likely need to move our office sometime in the next year and a half.

Too much change you may think. No argument from me. Yet at the same time we are celebrating our 80th year of serving the public through our program of building and maintaining footpaths. We are proud of our legacy over these 80 years, of the partnerships that have developed and of the successes we have shared in protecting open space.

But there is an even more impressive milestone being celebrated this year. It is the 100th anniversary of the founding of the Palisades Interstate Park Commission. (We call them PIPC; rhymes with tipsy.) What a tremendous partner they have been over the course of our 80 years. I want to take this opportunity to express appreciation to the Commission members with whom we have worked in recent years. and to PIPC senior staff, including Carol Ash, Executive Director; Ken Krieser, Deputy Executive Director: Kieran Ouinn, NY Superintendent; James Hall, NJ Superintendent; and Tim Sullivan, Chief Ranger, All of them, and many others, contribute to the long-lasting partnership that we have enjoyed since our founding.

The headquarters (and the heart) of PIPC is at Bear Mountain. It should come as no surprise that Bear Mountain/ Harriman State Park is consistently identified as the favorite place for our members to go hiking. Furthermore, our clubs and individual volunteers love to maintain the trails in the park (there are seldom any vacancies here). Members are willing to forego the breath-taking altitudes of the Adirondacks and the forested vistas of the Catskills for the more readily accessible wildernesses of this park. It provides a destination offering great variety. From backpacking for a weekend to challenging day hikes, from lunching at the tops of mountains overlooking the Hudson River Valley, to being enveloped in pine

forests dotted with ponds and thriving with wildlife, it is little wonder that we feel such affinity for this park.

Change is on the way for PIPC as well. While most of their parks are in New York State, the "Interstate" part of their name will soon include additional parklands in the New Jersey Highlands. This is a change born of their century-long stability, and we will be all the richer for it.

It is well documented that these parks are attractive to people from many cultural and national backgrounds-reflecting the changing diversity of the population in the metropolitan area. The Trail Conference and PIPC are working together on an outreach program to introduce hiking to groups that have not traditionally been part of the hiking community. We will soon have information pamphlets in several different languages available to visitors wanting to know more about hiking the trails in the park.

The Trail Conference wishes the Palisades Interstate Park Commission another 100 years of successful stewardship of these wonderfully varied and accessible parks, and 100 years of continued partnership in providing rewarding trail-based recre-

For now, we just await our chance to ride the magnificent new merry-go-round at the Bear Mountain Inn in celebration of the first 100 years.

-Gary Haugland

Geography must be objective

In his recent review of the book Catskill Trails-A Ranger's Guide to the High Peaks (September/October 2000 Trail Walker), Pete Senterman says the book "has done a great disservice" by including chapters on Platte Clove and Kaaterskill Clove. Senterman says writing about the cloves will "only encourage their overuse," and will also "only invite trespass and possible injury," as some areas are privately owned, and the terrain can be quite steep. Even though geography may at times deal with the subjective, its aim is to establish objective truth. As author Edward Henry apparently set out to write a book on geography, omitting information on the two, justly famous cloves would be illogical and a notable disservice to readers, who might find the information useful in ways that Senterman, and indeed nobody, can predict.

John Seward Jersey City, NJ

Caution on kids' hikes

Daniel Kriesberg's article on hiking with children (September/October 2000 Trail Walker) contains many fine suggestions, but is a bit light on cautions.

Letting children lift rocks is not without some element of danger, particularly from snakes in our area which like to hide beneath them at times. Hide and seek is a game that means the children are for a time out of sight. Not so good unless Mom and Pop are familiar with every inch of the area and are sure the kids confine themselves to it. Follow the leader: a great game, but Mom or Pop should be leading. Talking to a worm: fine, if the youngster has learned to tell worms from snakes. "Hugging a tree:" fine, I guess, but I know of a little guy named Johnny who recently "hugged" a tree on Goose Pond Mountain which had poison ivy on it.

So let the little ones explore, but keep in mind the woods are not without dangerous places and animals. Caution is the key word.

> Bob Schulz Richmond Hill, NY

Paul DeCoste honored

On Saturday, September 30 I had the privilege of hiking the New Jersev section of the Appalachian Trail from Warwick Turnpike to the Pochuck Bridge. This was a special hike to recognize the work of

Paul DeCoste who recently "retired" as the Chairman of the Trail Conference's New Jersey Appalachian Trail Management Committee. It was an ideal day for a hike. The sections of the trail we walked crossed Wawayanda State Park, several pastures, and a wooded area before we met the recently constructed boardwalk leading to the Pochuck Bridge. Paul has been an AT trail maintainer for twenty years, six of those years as committee chairman. During that time he oversaw the volunteer efforts to construct Pochuck Creek AT bridge, and 800+ feet of boardwalk of the eastern approach to the bridge. Paul has also served the Appalachian Trail Conference as a Director for two terms. Many of the AT maintainers who have worked with Paul were along. I was impressed with the high standard of construction of the water bars and stone steps. I enjoyed hearing stories told by the maintainers describing the successes, trials and tribulations endured. How nice it was to be able to compliment those who have done the hard work.

> Betty Heald Chair, North Jersey Chapter, Adirondack Mountain Club Paramus, NJ

Departure of Trail Conference Executive Director

The Board of Directors of the New York-New Jersey Trail Conference announced that Jan Hesbon has left his position as Executive Director effective October 25, 2000. Jan informed the Board that an extremely attractive professional opportunity came to his attention, and it was an offer he could not pass up. He will serve as Director of Gift Planning for the American Civil Liberties Union Foundation.

In expression of his commitment to the future of the Trail Conference, Jan agreed to be considered for an open seat on the Trail Conference Board of Directors. "I do this for two reasons," said Jan, "though under one name: continuity. I have some unfinished objectives that I wish to continue pursuing collaboratively with the Board, and I also wish to help provide some continuity with our partners—sister agencies and you, our members-during the transition ahead."

In the nine months of Jan Hesbon's tenure, the Trail Conference, with the assistance of a fine staff and many dedicated volunteers, has made great strides in the areas of fundraising, implementing a new database system, and maintaining and improving our crucial relationships with park agencies and with our partners in the conservation community. He has strengthened several committees and reinvigorated others.

The Board of Directors and its President Gary Haugland will be starting the search process for a new Executive Director immediately. In the interim Judith Fulmer, our current Administrative Director who has been working closely with Ian on all facets of Trail Conference operations, has agreed to assume the position of Acting Director. It is expected that the functioning of the office on a day-today basis will continue as usual.

Jan made many new friends in his tenure with the Trail Conference, and he is leaving with our best wishes for success in his new position. We are thankful for his many accomplishments in his short time at the head of the Trail Conference and we are glad that he will continue to be actively involved in our future.

My Decision to Leave as Executive Director

When I was appointed Executive Director of the New York-New Jersey Trail Conference in December 1999, I envisioned I would work with the Board, the Committees, and other volunteers to move the Trail Conference forward into the 21st Century. In my mind, I had no timeline about how long or how short a time I would be the Executive.

I was presented with an opportunity of a lifetime to work with the American Civil Liberties Union. Securing planned gifts from bequests, trusts, and other estate plans has been my profession for nearly 20 years, and I could not look away from this opportunity. My connections to ACLU go back to when I began to secure planned gifts. Coincidentally, both the New York-New Jersey Trail Conference and the American Civil Liberties Union celebrate their 80th anniversaries this year.

Our diverse membership of individuals and clubs empowers the Trail Conference to channel our partnerships toward the common goals of trail lands protection. It is the sharing and acceptance of diversity that has made the Trail Conference so powerful an organization in the 21st Century.

I have enjoyed my short time as your Executive Director, and I have many fond memories. I treasure the many friendships that I have made in the Trail Conference since my first introduction as a volunteer nearly eight years ago. I look forward to meeting you again on the trails that you have built and protected. and I hope that I will now have more time to hike, as I had before becoming your Executive.

Thank you for a wonderful term as your Executive Director, representing the best trail lands protection organization in the bi-state region. Trail building is a means to an end; the end is protecting open space, and I am happy to be a small part in that effort.

- Ian Hesbon

C E L E B R A T I N GEast Hudson Conservation

Photos by Lalla R. Grimes



Trail Conference Board members Wanda Davenport and Brian Goodman greeting our nartners from the Open Space Institute, the Hudson Highlands Land Trust, and other private and public agencies.

Trail Conference member, lim Hamilton taking a break after walking the grounds at "Cat Rock." He gave a "thumbs up" to a recent edition of the Trail





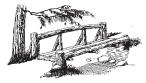
Joe Martens (left), President of the Open Space Institute, consulting with Lars Kulleseid, Chairman of OSI/ Trust for Public Land Joint Venture Committee, before Joe's remarks about the many successfully completed projects through the partnership between OSI and the Trail Conference.

Where there's a Will, there's a Trail

When we build them, you hike them. We've been building and protecting trails for 80 years for at least four generations of hikers since 1920. That's 1,300 miles in New York and New Jersey to date. Help us keep building for the next generation by naming the New York-New Jersey Trail Conference in your will. A bequest makes a wonderful gift, and it lasts beyond one lifetime.

For confidential information and legal language, contact the Trail Conference at 212-685-9699, or by email: info@nynjtc.org, and someone will contact you.





It's Good News!

The Kakiat Trail Bridge over the Pine Meadow Brook (which is really Stony Brook) is now in place and the Kakiat Trail can be traveled from end to end.

A reminder that all hiking trails in Storm King State Park remain closed to the public until further notice. In addition, all parking lots on Route 9 W which serve the Storm King trails are also closed until further notice. The Palisades Interstate Park lands are getting a clean-up of the unexploded ordnance on the mountain. (See the Trail Conference's West Hudson Trails map #7 1

Triangle Trail Improvements



We invite you to view and experience the recent improvements made to Harriman State Park's Triangle Trail (yellow-blazed) from it's western trailhead at the Ramapo-Dunderberg Trail (red/whiteblazed) to just beyond the overhead electric power lines in Deep Hollow. (Harriman Trails, Map #3, grid A5.)

During July, the Student Conservation Association (SCA), funded by a private \$21,000 donation made to the Palisades Interstate Park Commission, conducted trail improvements and erosion control training there.

Our volunteer Trail Crew and Maintainers—the Weekend Warriors" who service the over 1,300 miles of Trail Conference-adopted trails to increase your hiking enjoyment, sincerely appreciate SCAs efforts.

Long Path relocation in central Catskills

A lmost 5 ½ miles of new, off-road and in-the-woods Long Path are now open to the public in the central Catskills. The new segment begins on the Willow Trail 1.6 miles north of the Mt. Tremper Fire Tower, and includes a mile walk through Warner Creek Valley, and Edgewood Mountain, the 3000' summit of the ridge to the east of Stony Clove Creek Valley. The relocation replaces an 8.1 mile segment (Long Path Sections 18 and 19)—which included 6.3 miles of road walking—with 11.8 miles, only 1.4

miles of which is road walking. See the Trail Conference's Catskills Trails map #41, grids M-N, 4-5.

A new trail junction has been created on the ridge 1.6 miles north of Mt. Tremper and 1.8 miles northwest of Jessop Road. The existing Willow Trail from Willow to the junction has been remarked with yellow markers. The new Long Path segment is marked with blue markers.

Twenty-two volunteers spent close to 700 hours scouting, flagging, and finally cutting the almost 5 ½ miles of new trail, which is part of a larger relocation that will eventually create a route from Phoenicia to the Devil's Path on Plateau Mountain. The final segment will be included in the next revision of the Indian Head—Plateau Wilderness Unit Management Plan.

A very special thanks to all who pitched in: Doug Bowers, Jim Daley, Frank Dogil, Jerry Duma, George Formm, Pete France, Grace Gerow, Rick Gerow, Joe Herrod, Dale Hughes, Tom Lynch, Kevin McLoughlin, Regina McVay, Henry Mangione, Mauve Maurer, Stew Maurer, Pete Perricci, Jack Persley, Doug Senterman, Pete Senterman, Betty Taber and Bruce Warden.

Happy Hiking, hope you enjoy using it as much as we did building it!

Maintainers sought

Joe Herrod is the Trail Conference's Catskill trail supervisor for this area; Pete Perricci is a new maintainer for one segment of the new trail. We are in need of volunteers to maintain other segments of this, and other trails, in the Catskill Forest Preserve. Please call Pete Senterman, Conference Catskill Trails Chairman at 845-221-4392 if you would like a trail maintenance assignment in the Forest Preserve.



Trail description from south to north

Beginning at the new trail junction, the Long Path continues north on a faint wood road for 0.4 miles. Leaving the road to the left, the trail begins a moderate descent to 0.8 where a wide bench with little elevation change is followed to 1.2 miles. Here a steep 400' descent begins to Warner Creek.

The descent abruptly ends at 1.6 as one enters a long abandoned farmstead soon passing a stone foundation on the right. The trail continues northeast gradually approaching and paralleling Warner

Creek to an unbridged crossing at 2.0 miles. Leaving the creek on the north bank, the trail soon reaches a second wood road and turns right.

At 2.5 miles, the trail turns left, leaving the old road and begins a moderate to steep 1500' ascent to the summit of Edgewood Mountain at 4.5 miles. Beyond Edgewood, the trail descends at varying grades reaching Silver Hollow Notch at 5.5 miles. Here the blue, New York State markers end and the aqua blazes of the

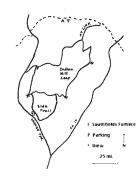
Long Path continue north (left) another 0.9 miles to State Route 214.

The Long Path continues 1.4 miles north on Route 214 to the Devil's Path at Notch Lake within the Devil's Tombstone State Campground. The Long Path then follows the Devil's Path east 4.3 miles over Plateau Mountain (3860') to Mink Hollow where the original route is rejoined.

Parking is available at the large parking area next to Notch Lake (fee in season) and the Phoenicia Trailhead on CR 40. Limited parking is available on the lower end of Silver Hollow Road near Route 214 and on Jessop Road near Willow. Please respect the adjacent owners by not blocking any roads or drive-

An alternate access point is via the old Silver Hollow Road (an unmaintained town road) from the east. At Willow Post Office, head north 4 to 5 miles on Silver Hollow Road to the end of the driveable section. Park on the west side leaving enough room for another vehicle to pass. Do not park in the turnaround at the base of the last driveway. It is about a one-mile walk to Silver Hollow Notch and the northern end of the new segment. For those fortunate enough to have 2 cars for a shuttle, the total walk from the end of the road, over Edgewood and down the Willow trail, is about 8 ½

New Side Trail in Indian Hill



Volunteers have completed a new side trail off the Indian Hill Loop Trail in Scenic Hudson-owned property in Southfields, NY, adjacent to Harriman-Bear Mountain State Park. The new trail, about 1 mile in length, heads south from the western viewpoint of the Indian Hill Loop to the stabilized historic Southfields Furnace, and then back to re-join the Indian Hill Loop Trail when it crosses the stream.

Ramapo-Dunderberg Trail errata Oops! In the September/October issue, we showed erroneously the new relocation route of the eastern end of the Ramapo-Dunderberg Trail. See the map excerpt

below for the *correct* route of the trail. Also, please note that the R-D proceeds west jointly with the Timp-Torne Trail for .2 mile, not .02 as stated in the last issue.

miles with a hefty 2000' gain and 2500'

loss of elevation. 🌠



4 November/December 2000 Trail Walker



NORTH NEW JERSEY TRAIL CREW

What & Where: Tackle a variety of projects ranging from trail repair to bridge building in NJ's parks and forests. With all of these projects please call the leader in advance and come prepared with work gloves, lunch, water and boots.

When: Sundays, November 12 and

December 10.

Leaders: Sandy Parr, 732-469-5109; Dick Warner, 201-327-4945.

EAST HUDSON TRAIL CREW Fast Hudson Trail Crew

What & Where: Trail rehabilitation, including waterbars and steps in Hudson Highlands State Park, on trails near Breakneck Ridge. Bring workgloves, lunch, and water. Beginners are welcome.

When: Saturdays, November 11 and

Meet: 9 AM at the Breakneck Ridge Trailhead, just north of the tunnel on Route 9D. Contact the Crew leader so that they know how many tools to bring.

Leaders: Bernie Stringer, 914-528-5018, string2@ibm.net or Walt Daniels, 914-245-1250, wdaniels@bestweb.net.

HIGHLANDS TRAIL - NEW

What & Where: New trail construction concentrating in the Lake Hopatcong, NJ area. Call the leader no earlier than one week before the scheduled date for all the details.

When: Sundays, November 5 and 19. Leader: Bob Moss, 973-743-5203.

WEST HUDSON TRAIL CREW

Harriman-Bear Mountain

What & Where: Trail repair and erosion control on the Timp-Torne Trail.

When: Saturdays, November 4 and 11, and Thursday, November 16. Leaders: Saturdays leader Chris Ezzo, 516-431-1148; Thursday leader Bob Marshall, 914-737-4792.

Sterling Forest State Park

What & Where: New trail construction on the Wildcat Mountain Trail. When: Sundays, November 12 and 19. Leader: Bob Marshall, 914-737-4792.

WEST IERSEY CREW

Mt. Tammany / Worthington State Forest

What & Where: "Return to Red Dot:" Major trail rehabilitation project concentrating on rock erosion control structures on the Mt. Tammany Trail in Worthington State Forest at the Delaware Water Gap.

When: Sunday, November 5.
Meet: 9 AM on all days at Dunnfield
Creek Parking Lot. Rain cancels. Bring
lunch, water, work gloves, and come
prepared to get dirty. Tools and training
provided.

Leaders: Monica Resor and David Day, 732-937-9098; pinerock@idt.net.

GET INVOLVED

VOLUNTEERS SOUGHT

Fun with GPS

Volunteers are needed in all areas to help acquire field data with the Trail Conference's recently acquired hand-held GPS units. These extremely light, easy-to-use units will be used to collect track data to be placed on our map sets. Help the Trail Conference to update its maps while performing your favorite pastime—hiking. To volunteer or for more informa-

tion, contact John Jurasek at iurasek@worldnet.att.net.

Field checkers and/or editors

The Trail Conference is currently working on preparing a new edition of the *New York Walk Book*. Anyone interested in assisting with field checking or editing should contact Daniel Chazin at 201-836-7019, or dchazin@aol.com.

CATSKILL LEAN-TO CARETAKERS WANTED



The Trail Conference has responsibility for caretaking many of the lean-tos in the Catskill Forest Preserve. Some vacancies are available for these caretakers. Find out more by completing the coupon below and returning it to: Lean-to Supervisor Elie Bijou, 920 East 17th Street, #608, Brook-lyn, NY 11230, or by contacting him at treasure tower@prodigv.net.

ADOPT A CATSKILL L	EAN-TO	
I would like to know more about adopting a lean-to in the Catskill Forest Preserve.		
Name		
Address:		
City	State	Zip
Phone: day ()	eve ()	

Pochuck Boardwalk Still Growing...

Another 800-plus feet of boardwalk, this time on the west side of the Appalachian Trail Pochuck Creek Bridge in Vernon Valley, NJ, has been finished in Phase 3 of the approximate 1-mile relocation under construction. The Appalachian Trail Conference Mid-Atlantic volunteer trail crew, local Trail Conference volun-

teers, and volunteers from the New Jersey Builders' Association literally tore through the construction once the rainy summer season ended. Project manager Wes Powers, regional maintenance chief for the NJ State Park Service, orchestrated the myriad details and the personnel into a well-tuned "machine."

Congratulations on the progress on the Pochuck. Having been involved in this project for almost 10 years, I know how rewarding it is when all the pieces come into place and you actually see stuff happening on the ground. Also, Charlie McCurry (Wawayanda State Park maintenance chief) and Wes Powers (Regional maintenance chief of the N.J. State Park Service) deserve credit—those two guys are amazing work horses.

—Glenn Scherer, N.J. Appalachian Trail volunteer

I've never encountered such hard workers! Yesterday [first week on site] the Mid-Atlantic trail crew worked from about 7 am to 5:30 pm! No one could ask for a better-tuned effort put together by Wes, Charlie, and the Crew.

I feel at a loss for how to show an adequate appreciation.

All materials have been moved to the west side of the stream, the lumber cut to size and the "drilling" will be more than half complete by the time the crew leaves.

We are well more than a week ahead of schedule!

—Larry Wheelock, Conference N.J. Field Representative

Hunting Seasons, including Sterling Forest

Hunting schedules

New York and New Jersey have announced their hunting schedules for large game, and times when firearms are permitted. We strongly urge hikers to wear safety orange clothing during these times. Dates listed are inclusive.

NEW YORK: Southern Zone (including Catskills) Deer Season

Archery: Oct. 15 · Nov. 19; Dec. 13 · 15 Archery (Westchester Co. only): Nov. 1 · Dec. 31 Firearms: Nov. 20 · Dec. 12 Muzzleloader: Dec. 13 · 19

Hunting is not allowed in Bear Mountain-Harriman State Park. However, it is allowed in parts of Storm King, Minnewaska, and Sterling Forest state parks. Call 845-786-2701 for more details about huntin oir these parks.

Black Rock Forest closes to all hikers from November 20 to December 12, inclusive. For details, call 845-534-4517. For more information about New York hunting schedules, call the Dept. of Environmental

Conservation hunting, fishing and game licensing/sales office, 518-457-3521.

Sterling Forest State Park

Deer & Bear- Archery: Oct. 15 to Nov. 19; Dec. 13 to Dec. 17

Deer - Shotgun or Rifle: Nov. 20 to Dec. 12

Bear - Shotgun or Rifle: Nov. 25 to Dec. 12

Deer & Bear - Muzzleloading rifle: Dec. 13 to

Dec. 19

NEW JERSEY Deer Season

Archery: Sept. 30 · Nov. 25

Firearms: Dec. 4 - Jan. 27, 2001 Muzzleloader: Nov. 27 - Jan. 5, 2001 Special High Point State Park Muzzleloader Season: Nov. 6,7,8,9,13,14,15,16

Parts of Ramapo Mountain State Forest are closed to hunting. Hunting is not allowed on Sundays in New Jersey. For more information about the New Jersey hunting schedules, call 908-735-7040 or 609-292-6685.



In the Zone: Epic Survival Stories from the Mountaineering World, by Peter Potterfield. The Mountaineers, 1996. 267pps, with index.

By Petah Digby-Lewis

This book is about people mostly in the Olympian league who take death defying risks. Nonetheless these extraordinary lives are of awe-inspiring interest to ordinary people as well as having practical application in ordinary lives. The expression "in the zone" has particular meaning for mountaineers as well as more general application for sports people, performers, therapists, and so on. It refers to the experience most of us have had, at least fleetingly, of being "totally focused u... a state of mind where there's nothing else to think about except the next move."

Potterfield's stories of three near-fatal climbing accidents is, to quote a jacket reviewer, "a compelling and somewhat troubling look at the dark side of mountaineering" (Krakauer). The book is comtrelling because the author not only dissects the attraction to and thrills gained from climbing, but also explores the reaction of climbers to their own as well as others mishaps. And, it is troubling because, to an onlooker, the psychology of many of the people doing this activity resembles that of a Russian Roulette player. The bottom line is that, ultimately, physical and psychological capability come second to luck in surviving a mountaineering accident.

When a mountaineering accident occurs there are two outcomes -instant death or a fighting chance. With luck, the climber is in an "unchartered region" in which he must do something, often in a split second, or die. Survival is a decision, "the threshold to a grim, life changing experience."

One of these three epic stories is the author's own tale of survival on Chimney Rock in the North Cascades, Seattle. The others are Colby Coombs' disastrous episode on Alaska's Mount Toraker and Scott Fischer's second chance of life on K2, in Pakistan. Fischer's approach was "to bag them [mountains] and still come home" and "never give up." That ultimately even he did not cheat death (as noted in an Epilogue) adds to both the heroic stories and the cautionary tales.

Aside from reporting harrowing tales this book is something of a relief since the author's exploration, observations, reflections, and dialogue within the mountaineering sub-culture begin to lay down resource material with which to build safer climbing attitudes and practices as well as a reservoir of survival and rescue strategies.

Peak Experiences: Hiking the Highest Summits in New York, County by County, by Gary Fallesen. Footprint Press. 2000. 288 pages. \$16.95

By Ed Walsh

Lists, lists, and more lists. As a "reformed" peakbagger (Catskill 5500 Club through Northeast 111ers) I can attest to the fact that there is always another list of mountains to climb. Finished the 35 Catskill peaks? Then how about the Adirondack 46? Or the White Mountain 4000 footers? Or the 50 State high points? There's always another list to complete. The latest is presented in Peak Experiences, in which he describes the highest point in each of New York's 62 counties—from Kings County's 220 foot high point to Mount Marcy in Essex County over 5000 feet higher.

Fallesen, an outdoor reporter for the Rochester, NY, Democrat and Chronicle, brings a refreshing writing style to the genre. Besides his extensive research, he writes with humor and offers personal anecdotes about each high point. He also offers directions to the trail head, a description of the view and nearby camping areas. Unique to this book is the description of alternative hikes. Five of the high points are on private property that welcome hikers. Another 23 either require prior permission from the landowner or are posted against trespassing. In these cases the author lists an alternative hike to the nearest publicly owned high point. In most cases these alternative high points are within 50 feet in elevation of the actual high point.

If you hike to each of these county high points you qualify for membership in the New York State Summit Club, patch (of course) available for \$2.00. The only caveat I offer to the reader is to research the overnight camping regulations before venturing forth on your own. When describing the high point in Orange County (Schunemunk Mountain) the author mentions that overnight camping is allowed on the ridgeline...oops. There may be other data errors, too.

The main attraction to any peakbagging list is the sense of discovery that awaits you as you travel to a new destination. Places you may pass by without further thought, people you may never have met, are all part of the adventure of seeking out new places. I look forward to exploring each of these as I strive to become a member of the NYS Summit Club. Ok, so I haven't quite reformed.

West Hudson Trail Crew's Spring 2000 Achievements

Harriman-Bear Mountain State Park

In March and April we inspected, scouted, flagged and prepared for the first work season of the new millennium. On the Reeves Brook, Timp-Torne and White Bar trails, we removed blowdowns, cleared brush, built rock steps, rock retaining walls and a scree walls and put in rock waterbars. In addition, on the Reeves Brook Trail, we did a relocation, and constructed a rock dam along the edge of the brook in hope of preventing future flooding. The former trail route was closed off with branches and other forest debris in order to promote restoration.

West Hudson Highlands

Much time was spent on a major relocation of the upper section of the badlyeroded Sweet Clover Trail in Schunemunk Preserve. A new trail was scouted, flagged and cleared of brush. Work also began on sidehilling, rock retaining walls and rock steps.

In Black Rock Forest, work began on the Duggan Trail, including building a new retaining wall, hardening the tread with stepping rocks in a few wet areas and improving drainage with a rock sluice.

A New Crew Leader

We welcome Chris Ezzo, who started to lead work trips this fall. A big welcome and best of luck to Chris.

Thank you to our volunteers for their outstanding and professional work on the trails: John Blenninger, Joe Bond, Race Brandt, Gail Brown, Jim Brown, Brian Buchbinder, George Cartamil, Lynne Cashman, Herman Clausen, Don Corrigan, David Day, Margaret Douglas, Tom Dunn, Chris Ezzo, Victor Gabay, Claudia Ganz, Patrick Gilmartin, Tom

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Come out and join the crew. The work of a trail crew is never done and it's a fine way to spend a day.

Bob Marshall, Crew Chief Trudy Schneider, Assistant

New Life Members

The Trail Conference welcomes six new life members, to our growing 'family' of 790: Jonathan Beard, Neil Block, Jill Brennan-Cook, Charlotte Fahn, and Justine and Brendan Monahan, all from New York.

An individual life membership is \$400, and a joint life membership (two adults at the same address) is \$600. Next time you renew, we hope you'll consider becoming a 'lifer'. Your money goes directly into the Outdoor Fund, our trail lands protection fund.



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FOR & ABOUT

Our Members

Congratulations to former Trail Conference Board Member Heather Amster and her family who welcomed daughter Grace Eleanor in August. She and her husband Rob, and their boys Henry and John moved to Suffolk County in April. They enjoy the "very beautiful" Long Island Pine

Congratulations to the new Long Path End-to-Enders: Donna L. Pasternak (#58), Richard Rapold (#59), Bob Novick (#60), Peter McGinnis (#61), Henry Jenkins (#62) and Rick Taylor (#63). The members of the Class of 2000 received their End-to-End certificates at the Trail Conference's Annual Meeting in October. For aspiring LP End-to-Enders, Conference trail supervisor Ed Walsh, himself an End-to-Ender, has put together a small Backpacker's Guide to the LP, available for \$4, which lists motels, restaurants, grocery stores, post offices, etc. near the trail. It's similar in content to the AT Thru-hikers Companion. You can reach Ed at 11 Kwiecinski Street, West Haverstraw, NY 10993-1410.

Conference Life Member Richard Greve is again leading a trip to England, rambling along North Downs Way and Cotswold Way in late May/early June 2001. This non-commercial trip for the Outdoor Club of South Jersey (a Conference member organization) will be leisurely paced with daypack while enjoying local history and culture. Richard is a 14-year veteran of United Kingdom hiking and a 2,000-miler. For details, send a legal-size, self-addressed, stamped envelope to Richard Greve, 115 Dawn Dr., Mt. Holly, NI 08060, Informational packets on long-distance walks in the British Isles and Ireland are available from Richard, too, including Pennine Way, Coast to Coast, Offa's Dyke, Pembrokeshire Coast Walk, Dales Way, W. Highland Way, Southern Uplands Way, St. Cuthbert's Way, Wicklow Way, and Dingle Way. Send \$1. to cover mailing for each packet ordered.

The Thendara Mountain Club seeks new volunteers to help monitor Native American heritage sites in Harriman State Park. The program began two years ago and approximately 30 stewards monitor these prehistoric sites in the 54,000-acre park. Stewards are the eyes and ears of the Palisades Interstate Park Commission and are helping to preserve these valuable assets for future generations. Volunteers must be willing to check their designated site several times a year, and fill out and submit a report every six months. Some of the sites are near roads, some close to marked trails, and some require a small bushwhack to a remote area. Anyone interested in more information on this program, the facilities at Camp Thendara Mountain Club may contact Val Cutaiar at 516-938-2614; or via email at

Volunteers have started organizing an Appalachian Trail Museum to help preserve the history of the Trail. A site for the museum has not been chosen but it may be located somewhere in the vicinity of the Appalachian Trail Conference headquarters in Harpers Ferry, WV. Items having a solid connection to the AT are now being collected for future displays. Volunteers to help with time and ideas are also sought, Current information and updates on progress will be posted on the ALDHA website at For further information please contact: Larry Luxenberg, 914-634-0581, hiker778@aol.com; Carla Lafleur, 413-737-8503, hrl@map.com, or Tim Messerich, 914-297-9573

Flat Rock Brook Nature Center in Englewood, NJ will host a leisurely, 1 mile long, low-impact walk on their trails led by an experienced trail guide on Wednesday, November 8 from 10-11 a.m. The changing season of fall and the transformation of trees will be covered. Free for members, \$3. for non-members. To register, call 201-567-1265.

The Appalachian Trail Conference's 33rd Biennial Meeting will be held at Shippensburg University, in the Cumberland Valley of southcentral Pennsylvania, from July 13 to 20, 2001. Under the theme "Preserving Nature's Heritage," the week-long gathering features hiking and backpacking trips of various difficulties on the AT in southern and central Pennsylvania and Maryland; excursions to regional historic, natural resource, and cultural sites; workshops on a variety of trail maintenance and management topics; and a rich selection of evening entertainments. The Cumberland Valley overlooks the Blue Ridge Mountains, and is an area deep with history, including living history in the horse and buggies that carry local Amish farmers to town. Registration information will be available in the March issue of the Appalachian Trail News, and on the Appalachian Trail Conference and Keystone Trails Association web sites.



Amtrak and the East Coast Greenway Alliance have teamed up to forge an unprecedented intermodal network connecting Amtrak's passenger trains to 2,600 miles of bikeways and trails in 15 states

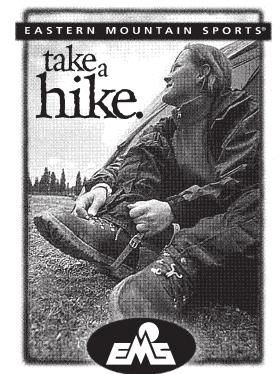
and the District of Columbia. The East Coast Greenway links east coast cities from

on Lake Tiorati, or joining the Thendara Maine to Florida through a continuous network of trails, bikeways and recreational paths. Amtrak plans to begin with a pilot program of limited service between Richmond, VA, and Boston by Spring 2001 on the Twilight Shoreliner. Current plans call for specially equipping baggage cars with easy-on and easy-off access and bike racks-without requiring the removal of the front wheels-on selected trains. Amtrak already accommodates bicycles on three train routes: the Adirondack, the Ethan Allen, and the Vermonter.

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by Albert P. Rosen, M.D.

A Little Dab Will Do

Several months ago the Wall Street Journal had an article with the headline "Of Krazy Glue: A little dab will do for those unkind cuts." Several years ago I attended a seminar on wilderness medicine in which the speaker advised closing cuts with a dab of Krazy Glue. Since then many dermatologists have been using it for minor lacerations.

Elmer's Products Inc., the manufacturer of Krazy Glue, has not sought approval from the Food and Drug Administration for such usage. In fact, the label has a warning that it is an eve and skin irritant. It sells for about \$2.00, and on sale it can cost much less. My nurse has been using it for years and swears by it.

Dermatologists who have used Krazy Glue state they have no problems with the product. The way to use it is to clean the area, let it dry, or dry it with a cotton sponge or sterile gauze pad, and apply a thin layer of the glue.

We now have a product called Dermabond which is available by prescription only and sells for about \$20.00 an ounce. So put a tube of Krazy Glue into your first aid kit and take the money you save and invest it in a money market fund.

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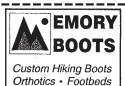
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THE VIEW FROM ALBANY

Conservation and Advocacy Report

By Neil Woodworth and Margaret Carr

Campaigning To Replace the Environmental Bond Act

The NY-NJ Trail Conference and the Adirondack Mountain Club (ADK) have been working with various environmental groups across the state to devise a plan for a new source of funding for the environment. The land acquisition portion of the Clean Water/Clean Air Bond Act has essentially been exhausted.

This 1996 Act provided \$150 million for the state acquisition of important open space resources by DEC and OPRHP. Over each of the past four years, roughly \$30 to \$40 million has been appropriated annually from the bond act for land acquisition projects. It also has provided state land stewardship funds for hiking trail work. The Environmental Protection Fund (EPF) provides approximately \$30 million each year for open space purchases. Together, these two sources have provided roughly \$70 million for open space projects. However only \$3 million in unappropriated open space funds remain in the bond act, meaning that New York State needs to replace this \$40 million /year funding stream simply to maintain its current open space protection program.

New York has used Bond Act funds on a number of important and enduring open space projects, including Sterling Forest, Fahnestock State Park and the Champion Rivers fee and easement project, Plateau and Bearpen Peaks in the Catskills, and the Whitney Canoe Area, to name a few

We are exploring ways to increase the level of tax dollars flowing into the dedicated Environmental Protection Fund as a long-term way of replacing the bond act.

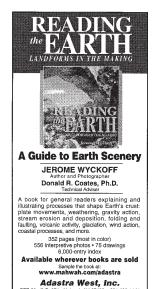
Fight for Federal Land Fund Continues

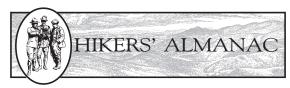
This summer and fall, ADK and the Trail Conference asked their members to write to members of Congress in support of the Conservation and Reinvestment Act (CARA). In July, a Senate version of the bill passed out of committee. That bill differs substantially from the House version and other Senate bills that have been introduced to date. Under the new Senate bill, New York would get significantly less than originally thought.

ADK and the Trail Conference asked our New York House and Senate congressional delegation to work with House members from populous states like California and New Jersey to negotiate a fair share of these conservation funds for New York and New Jersey. At prress time President Clinton had signed a fiscal year 2001 Department of Interior appropriations bill which in all likelihood will replace the CARA legislation. This appropriations bill included \$450 million for Federal Land and Water conservation program, \$90 million for stateside Land and Water Conservation Fund, and \$30 million for Urban Parks and Recreation Recovery program.

Jet Ski News

Governor Pataki signed into law the personal watercraft regulatory bill, giving communities the power to regulate or prohibit the use of personal watercraft on the state's lakes and rivers. He also signed a bill requiring a substantial reduction in the amount of water and air pollution emitted from new personal watercraft. This jet-ski pollution control law will greatly improve the water quality of lakes in the Adirondacks and throughout New York. Trout, loons, swimmers, and canoeists will all benefit.





continued from back page

information call: 845-246-4145

NYHC. Yellow Trail on Staten Island. Leader: Mike Puder, 718-743-0920. Meet: Staten Island Ferry terminal, Manhattan side (call week of hike for meeting timel; after ferry, we will take hus (\$3 coins or tokens or Metrocard 2 fares). 8 miles on relatively level terrain at a moderati steady pace. Bring lunch and water.

UCHC. South Mountain Reservation Ramble. Leader: Mimi Solomon, 973-763-6449. Meet: 10 AM at Locust Grove. Enjoy a ramble of two hours or a little more. This is the base of the mountain and we'll

CC Hike to Panther Mountain Meet: 10 AM at Giant Ledne nark ing on Rt. 47 (7.7 miles south of Rt. 28); call 845-586-2611 for info. Diffi-cult hike of 6.5 miles to spectacular Catskill views.

WTW. Trail Maintenance Hike on the Green Trail. Leader: Bob Busha, 973-777-5016, and Wanda Gilbert, Meet: 10 AM at Pyramid Mtn. Info Ctr.: hus riders call Rob. Some trail maintenance, then a hike in the Turkey Mtn. area. Bring clippers and work gloves or call leader for other tools needed. Rain/snow cancels

SUNDAY, NOVEMBER 19

GAHC. Blue Lake Circular (Sterling Forest, NY). Meet: 10:00 a.m. at Long Pond Parking lot (directly west of junction Rt. 511 & East Shore Road) Leader: Mathias Wuethrich, 908-253-9042, Moderate

NYHC. White Trail on Staten Island. Leader: Mike Puder. 718-743-0920. Meet: Staten Island Ferry terminal, Manhattan side (call week of hike for meeting time); after ferry, we will take bus (\$3 coins or tokens or Metrocard 2 fares). 8 miles at a moderate pace. Bring lunch and

HHC. Wallpack Ridge Trail Maintenance. Leader: Becky Finch. 845-557-0011. Meet: 8 AM at Clinton commuter lot. Hike 3-4 miles and help with general trail maintenance – brush removal, updating painted trail markers (wear old clothes!). Lunch rewards at the Layton Hotel after trail work

SW. Palisades From Hook Mountain to Rockland Ct. Park. And Return. Leaders: Fred Mauhs and Cathy Ruhland, 914631-6104, limited to hikers, call ahead to reserve a place. Meet: 9.31 AM at Metro-North station in Tarrytown (take 8:54 AM train from Grand Central). Relatively strenuous 12-mile hike up and down Palisades will afford great views of Hudson and migrating hawks and eagles. Bring lunch and hinnculars

MONDAY, NOVEMBER 20

RVW. Black Rock Forest-Southern Ledges. Meet: 8 AM at Sawyer Savings Bank parking lot, 87 Market Street, Saugerties. Strenuous 7.5 miles. For more information n call: 845-246-5670

CLUB

ADK - I Adirondack Mountain Club North Jersey Chapter. Contact: Rob Lehmann,

ADK-MH Adirondack Mountain Club, Mid-

Hudson Chapter. Contact: 914-471-5712.

FVTW Frost Valley Trail Walkers, Contact:

mi., Tues. 6-7 mi., Wed. 5 mi., Thurs. 7-

Cherryll Short, 973-299-0212. Mon. 3

GAHC German-American Hiking Club.

Contact: Evelyn Hoyer, 718-457-8319.

HHC Hunterdon Hiking Club. Contact: Lud

LIGTC Long Island Greenbelt, Contact: L.I.

Greenbelt Trail Conference, 516-360-

MSC Miramar Ski Club. Contact: Jay

MP Mohonk Preserve. Contact: Mohonk

10 mi., Fri. ramble up to two mi.

Bohler, 908-788-3941

Schwarz, 212-673-7132.

erve. 914-255-0919.

are relative terms: call leader if in doubt.

201-529-1154.

WEDNESDAY - SUNDAY, NOVEMBER 22 – 26

MSC. Thanksgiving Ski Weekend. Ski and x-country at our lodge in Waitsfield, VT. Call 212-978-9191 for information.

SATURDAY, NOVEMBER 25

HHC. Hike From Bull's Island. Leader: Geoff Nicklen, 609-397-2603. Meet: 9 AM at Bull's Island. 5-mile circle hike.

UCHC. Pyramid Mt. Ramble. Leader: Herb Chertock, 908-464-8289. Meet: 10 AM at Pyramid Mt. visitor center. 4-6 miles. A gentle, scenic climb to some of the world's wonders: the placial erratics Tripod Bock and Bear Rock. Call prior to 9 AM day of hike if in doubt due to inclement

SW. "WOTT" - Walk Off The Turkey. Meet: 9 AM at entrance to South Ferry terminal. Stroll along the Queen of Rivers as you get in shape for next year's Great Saunter by walking from South Ferry to the Little Red Lighthouse (northern tip of Manhattan). See the many changes on the Hudson's shore.

SUNDAY, NOVEMBER 26

ADK-MH. Harriman State Park. Meet: 7:30 AM at the McDonald's on Rt. 9, Wappingers Falls (or call for alternative meeting location) Leader: Russ Faller. 845-297-5126. before 9 p.m. Starting at Lake Sebago 11-12 strenuous miles on Parker Cabin, Hogencamp, Carr Pond, and Diamond mountains, then return to Lake Sehann, Leisurely nace, constant or heavy rain cancels, call if uncertain. Bring lunch, water, good footwear, and headlamp, flashlight. There is no hunting in Harriman. GAHC. Trail Maintenance of our section of the Bill Hoeferlin

Trail. Meet: 9:30 a.m. at parking lot opposite entrance to Camp Tamarack on Skyline Drive. Leader: Elfi Woschitz, 212-722-7338.

LIGTC. Annual Post-Thanksgiving Hike. Leader: Nick, 631-586-3396, 8-11 PM. Meet: 9:45 AM at St. Margaret's Episcopal Church, 1000 Wash. Ave. 7.5 to 9.5 miles, easy to moderate, heavy rain cancels. Hike on our Nassau-Suffolk and Walt Whitman trail network.

MONDAY. NOVEMBER 27

RVW. Gertrude's Nose via Beacon Hill and Millbrook Mt (Minnewaska State Park). Meet: 8 AM at Sawyer Savings Bank parking lot, 87 Market Street, Saugerties. Moderate 8 miles. For more tion call: 845-255-0614

THURSDAY, NOVEMBER 30

ADK-J. Thursday Ramble. Contact Betty 201-967-2937 or Phyllis

FVTW. Johnsontown and Other Such Places. Leaders: Al & Jane Leigh, 973-471-7529. Meet: 10 AM at Johnsontown Rd. circle. A late autumn hike-fest of 8-9 miles enjoying L. Sebago and Pine Meadow

NYHC New York Hiking Club. Contact: Halina Jensen, 212-568-6323, or Bob Ward, 718-

OC Outdoors Club. Contact: The Outdoors

RVW Rip Van Winkle. Contact: Fred

Club, PO Box 227, Lenox Hill Station, NYC 10021. Free schedule on request.

SW Shore Walkers. Contact: 212-330-7686.

UCHC Union County Hiking Club. Contact:

WWW/WEC Weis Wyanokie Wanderers/NJ Audubon Society's Weis Ecology Center. Contact: Wendy Rhoades, 973-835-2160, for

WTW Woodland Trail Walkers, Contact:

Michelle Keller, 63 Stevens Rd., Clifton, NJ 07013; 973-773-7984. Guest card \$2. for 6-

CODES

471-7036 (after 8 pm).

Backhaus, 914-246-5670.

Herb Chertock, 908-464-8289.

hikes and program schedule.

month hike listing

The activities listed are sponsored by member clubs of the NY-NJ Trail Conference. All hikers are welcome subject to club

Bring food, water, rain gear, first aid kit, and flashlight in a backpack. Leaders have the right and responsibility to refuse anyone whom they believe cannot complete the hike or are not adequately equipped. Easy, moderate, or strenuous hikes

Many of our affiliate groups sponsor hikes not listed in the Hikers' Almanac. For a descriptive list of Conference clubs, send an SASE with your request to NY-NJ Trail Conference, 232 Madison Ave., Rm. 802, NY, NY 10016

ulations and rules of the trail. You are responsible for your own safety. Wear hiking boots or strong, low-heeled shoes.

LIGTC. Fire Island Wilderness Walk. Leader: Kim, 631-345-5295.

Meet: 9 AM at west end Smith Point County Park parking field, 7 moderate miles on the National Seashore Wilde ness Area from Smith

with Diamond Mt. in between. Moderately strenuous; steady rain can-

DECEMBER

SATURDAY, DECEMBER 2

SUNDAY, DECEMBER 3

ADK-MH. Giant Ledge and Panther mountains (Catskills). Meet: 8 AM at the Red Caboose just off the NYS Thruway traffic circle in Kingston. Leader: Christopher Zaleski, 845-838-0022, Strenuous 6 miles vith a 1,500 ft. ascent. Bring snowshoes and crampons

HHC. Jockey Hollow Circular. Leader: Bob Hagon, 908-788-8360. Meet: 10 AM at Flemington Outlet Center. Enjoy a 6-mile hike at mod-erate pace in this National Historic Park (\$4 admission). Sites include Cross estate. Auduhon Headquarters at old Hoffman estate. Lunch after

WWW/WEC, Holiday Hike, Leader: Don. Meet: Call 973-835-2160 to register; cost \$4 members, \$5 non-members. Annual 4-mile strenuous trek to top of Wyanokie High Point and down to the Roomy iron mine (bring flashlight), Pain/snow or shine: 10:00 - 1:00; adults and teens

MONDAY DECEMBER 4

RVW. Minnewaska State Park. Meet: 8 AM at Sawyer Savings Bank parking lot, 87 Market Street, Saugerties. Moderate. For more information call: 845-246-5670.

THURSDAY, DECEMBER 7

FVTW. Long Path, Fort Lee to Alpine. Leaders: Carolyn & Jim Canfield, 973-728-9774. Meet: 10 AM at Alpine Boat Basin. This moderately strenuous hike will go from Fort Lee Historic Park to the Alpine Boat Basin and include a walk across the George Washington Bridge Steady rain cancels.

ADK-J. Thursday Ramble. Contact Betty 201-967-2937 or Phyllis 201-358-9252 before 9 PM on Wednesday evening.

SATURDAY, DECEMBER 9

UCHC. Old 210, Once Again. Leader: Al Leigh, 973-471-7528, call Fri. 7-10 PM only. Meet: 9:12 AM at Red Apple Restaurant in Southfields. NY on Rt. 17 (park in rear lot). We'll enjoy 8-9 miles on such gems as WB, Nurian, RD, traversing Black Rock, Tom Jones and Carr Pond mountains.

MP. Singles Hike to Rhododendron Bridge and Beyond. Leader: John Upton, 845-229-6217. Meet: 9:45 AM at West Trapps Entry, Mohonk Preserve; non-members \$7. Moderate 7-8 mile hike.

SUNDAY, DECEMBER 10

NYHC. Fort Tilden to Breezy Point. Leader: Mike Puder, 718-743-0920, call during week of hike for meeting time. Meet: in front of Wiz store on corner of Flatbush Ave. and Ave. U to take the Q35 bus to the Rockaways. 8 flat miles along the beach to see one of the last nesting places of the Piping Ployer on the east coast.

SW. Scarborough to Croton Dam. Leader: Dorothy Lourdou, 212-685-6443. Meet: 9 AM at Grand Central info kiosk to catch 9:20 train to Scarborough. Almost flat 10-mile walk at a brisk pace along Croton

LIGTC. Cathedral Pines Prowl. Leader: Ken, 631-654-2438. Meet: 10 AM at Prosser Woods parking lot, east side of Rt. 21. 3 easy miles in this park full of tall white pines.

MONDAY, DECEMBER 11

RVW. Graham Mt (Catskills). Meet: 8 AM at Sawyer Savings Bank parking lot, 87 Market St., Saugerties. Strenuous bushwhack, 7 miles. Inclement weather date-following Monday. For more information call: 914679-3708.

THURSDAY, DECEMBER 14

ADK-J. Thursday Ramble. Contact Betty 201-967-2937 or Phyllis 201-358-9252 before 9 PM on Wednesday evening.

SATURDAY, DECEMBER 16

UCHC. Johnsontown Circular. Leader: Al Leigh, 973-471-7528, call Fri. 7-10 PM only. Meet: 9:05 AM at Sloatsburg, NY. Take a well-earned break from the late year rush and treat yourself to 8 pleasant miles of hiking. Some climbs in both am and pm.

UCHC. Jockey Hollow, Leader: Herb Chertock, 908-464-8289, Meet: 10 AM at Jockey Hollow visitor center. Enjoy a scenic 4-5 mile ramble at moderate pace in this historic national park. Rain or snow cancels. MP. Singles Hike or Ski to Awosting Falls. Leader: Bud Mullin, 845-534-6822. Meet: 9:45 AM at West Trapps Entry. Mohonk Preserve:

LIGTC, Winter Solstice Walk, Leader: Nancy, call office at 631-360-0753 for info. Meet: 2 PM at east end of Field 8, Heckscher St. Pk. 4 easy miles. An annual tradition; bid farewell to autumn and welcome

non-members \$7 Strenuous 8 miles

Meet: 9:00 AM at Sawyer Savings Bank parking lot, 87 Market Street, augerties. Inclement weather date-following Saturday. For more information call: 914-246-4145.

SUNDAY, DECEMBER 17

UCHC. Watchung Reservation Ramble, Mountainside Leader: Mae Deas, 908-233-6641. Meet: 10 AM at Trailside Nature 8 Science Ctr. (intersection of Coles Ave. and New Providence Rd.). Let's enjoy a brisk walk to keep warm. If we're lucky to have good snow, we'll cross-country ski instead. Steady rain cancels

MONDAY, DECEMBER 18

RVW. Panther Mountain. Meet: 8 AM at Sawyer Savings Bank parking lot. 87 Market Street, Saugerties, Strenuous 6.5 miles, Inclem nt weather date-following Monday. For more information call: 914

THURSDAY, DECEMBER 21

ADK-J. Thursday Ramble. Contact Betty 201-967-2937) or Phyllis 201-358-9252 before 9 pm on Wednesday evening

FRIDAY-MONDAY, DECEMBER 22 - 25.

MSC. Christmas Ski Weekend. Ski and x-country at our lodge in Waitsfield VT. Call 212-978-9191 for information

SATURDAY-SUNDAY, DECEMBER 22-23

ADK-MH. Slide Mountain Backpack. Leader: Brian Sullivan, 845 687-7750, 7-9 p.m. Strenuous climb of the Catskills' highest mountain Required Catskill 3500 Club winter peak. No go in rain/snow or other frozen precipitation. Let's find out if there is any snow in the mountains. Call leader for details before Dec 19th.

SUNDAY, DECEMBER 24

LIGTC. Special Holiday Hike. Leader: Nick, 631-586-3396, 8-11 PM. Meet: 9:45 AM at Greenbelt office, 5.4 miles, easy to mode pace, heavy rain cancels. Hike around Stump Pond in Blydenburgh Park.

THIRDONAY DECEMBED 20

FVTW. Patriots Path (Long and Short). Leaders: Charles & Anita Kientzler, 973-835-1060. Meet: 9:30 AM at Speedwell Lake parking. Some of us will hike the 10.2 miles from Rt. 24 in Mendham to Morristown. The others may leave the hike at the 5.5-mile point, Mostly level but moderately strenuous. Steady rain cancels

ADK-J. Thursday Ramble. Contact Retty 201-967-2937 or Phyllis

FRIDAY-MONDAY, DECEMBER 29 - JANUARY 1, 2001.

MSC New Year's Ski Weekend Ski and x-country at our lodge in Waitsfield, VT. Call 212-978-9191 for information

SATURDAY, DECEMBER 30

MP. New Year's Hike. Leader: John Unton 845-229-6217 Meet: Call Mohonk Preserve at 845-255-0919 for info or to register (reservations required: sign up begins 12/16; non-members \$7), 4 miles from Trapps to Coxing Kill, then up Old Minnewaska Trail to Rhododendron Bridge. Followed by potluck at the Preserve's Visitors Center from 2:15 – 4:15 PM (no alcohol please).

CC. Snowshoeing From North/South Lake Campground in Greene County, Meet: Call Catskill Center at 845-586-2611 to make reservation; let them know if you need snowshoes. 10:30 AM – 1 PM. Explore Alligator Rock, the Catskill Mt. House site and areas around the lake. No Snow date is January 20th.

SUNDAY, DECEMBER 31

LIGTC. New Year's Eve Walk. Leader: Andy, 631-696-8089. Meet 4 PM at east end of Field 8. Heckscher St. Pk. There's no better way to end the year than with a leisurely stroll at the south end of the LI Trail 3 easy miles; bring flashlight; rain/ice cancels.

NYHC. Long Beach to Point Lookout. Leader: Mike Puder, 718-743-0920, call during week of hike for meeting time. Meet: in Penn Station at Roy Rogers on lower level across from LIRR ticket windows to take train to Long Beach. Hike 11 miles at a moderate, steady page along the beach to welcome in the new Millennium.

SW. New Year's Day Hike. Leader: Cy Adler, 212-663-2167. Meet 12 noon at McDonald's on 181° St. & Broadway. Welcome the new year by exploring the north end of Manhattan; steen hills, great wild parks

LIGTC, New Year's Day Hike, Leader: Nick, 631-586-3396, 8-11 PM. Meet: 9:45 AM at Great River LIRR station. 7.5 – 9.5 miles, easy to moderate pace, heavy rain cancels. Hike through grounds of Bayard Cutting Arboretum and Connetquot State Park.



NOVEMBER

WEDNESDAY, NOVEMBER 1

ADK/MH. Friday and Balsam Cap Mountains. Leader: Al Buechele, 845-266-3794, 5-7 PM. Meet: 7:30 AM at the Red Caboose at traffic circle off NYS Thruway in Kingston. Strenuous, 8-mile Catskill bushwhack at a moderate pace: 2.900 ft. ascent.

LIGTC. Massapequa Weekday Walk. Leader: Tom or Sherri, 631-567-9484. Meet: 9 AM at Ocean Ave., just north of Merrick Rd., Massapequa. Easy 6 mile hike through diverse landscape; Nassau-Suf-folk Trail from Boundary Ave. to Merrick Rd.

LIGTC. Stillwell and South. Leader: Steve, 631-261-7885. Meet: 10:30 AM at Stillwell Woods parking (S. Woods Rd., north of NY 25, onnosite Synsset HS1, 7-mile moderate hike on the Nassau-Suffolk Trail to Northern Pkwy, and back; rain cancels

SATURDAY NOVEMBER 4

HHC. Morristown National Historical Park, Leader: June Filipski. 908-735-5219. Meet: 9 AM at Clinton commuter lot. 6-7 miles in Jockey Hollow, taking Patriot's Path to Cross Estate, then loop through Scherman-Hoffman Sanctuary \$4 admission

MP. Northern Preserve Ramble & Scramble. Leader: Ray Greenberg. Meet: Call Mohonk Preserve at 845-255-0919 for info or to register (reservations required; non-members \$7). From Rock Rift to Bontique Crag (with ballout sections along the way). Involves rock scrambling and hiking (9-10 miles total); first half moderate and second half

ADK/MH. Easy Family Hike in Bowdoin Park, Leader: Michelle

Sheafe Rd. behind Galleria. Suitable for young children; rain cancels. LIGTC. Pine Trail – Brookhaven State Park. Leader: Nancy D., 631-744-9815. Meet: 9 AM at Pine Trail sign on south side of NY 25. 6/10 mile east of Wm. Floyd Pky. Choose 4.5 or 11 miles at moderate nace pond; only heavy rain cancels.

SUNDAY, NOVEMBER 5

HHC. Round Valley Reservoir. Leader: Sharon Rider, 908-735-6656. Meet: 8:30 AM at Clinton commuter lot. 4-5 mile hike along beautiful Round Valley Reservoir

SW. Nyack Rockland Lake Circular. Leader: Ursula Hahn, 212-639-7526 (day) or 718-834-0477 (eve) before 10 PM. Meet: 9 AM at Red & Tan Bus ticket window, George Washington Bridge terminal (A train to 175th St.). Hike from Upper Nyack to top of Hook Mt., then along ridge and down to Bockland Lake

ADK/MH. Windham High Peak Loop, Leader: Christopher Zaleski. 845-838-0022, email c_zaleski@yahoo.com. Meet: 8 AM at the Red Caboose just off NYS Thruway traffic circle in Kingston. Strenuous 11mile hike with 2200 ft. ascent; bring snowshoes and crampons, if needed.

LIGTC. Stump Pond Circular. Leader: Nick, 631-586-3396, 8-11 PM. Meet: 9:45 AM at Greenbelt Office, 5.5 to 9.5 miles: easy to moderate pace. Loop around Blydenburgh Park's Stump Pond, plus optional extra explorations; heavy rain cancels.

MJO. Trail maintenance in Sterling Forest. Leaders: Rick Levey, 914-680-0023, Lanny Wexler, 516-938-5721. Trimming bushes, clearing brush and painting markers along the Allis Trail, followed by hike to a waterfall or scenic viewpoint. All volunteers will enjoy apres pizza and beverages provided by the club. No fee for non-members. Call by Sat.,

GAHC. Terrace Pond, NJ. Meet: 9:45 a.m. at parking lot of shopping

center, 600 feet west of junction of Routes 511 & 513 in Greenwood leader for details. Lake, Leader: Brian Kassenbrock, 718-748-0624.

MONDAY, NOVEMBER 6 RVW. Windham High Peak from Rt. 23. Meet: 8:00 a.m. at Saw-

yer Savings Bank parking lot, 87 Market Street, Saugerties. Moderate 6.6 miles. For more information call: 845-246-7616.

THURSDAY, NOVEMBER 9

LIGTC. Sunken Meadow Weekday Walk. Leaders: Tom & Sherri, 631-567-9484. Meet: 9 AM at Smithtown Landing. 5 miles at easy pace; hilly. Walk the north end of our LI Trail; bluffs and Sound views.

ADK-J. Thursday Ramble. Contact Betty 201-967-2937 or Phyllis 201-358-9252 before 9 pm on Wednesday evening.

SATURDAY, NOVEMBER 11

UCHC. Pyramid Mt. Ramble. Leader: Bob Keller, 908-233-0699. Meet: 10 AM at Pyramid Mt. visitor center. 4-6 miles with gentle, scenic climb to some of the world's wonders: the glacial erratics, Tripod and

ADK/MH. North Lake Escarpment Trail. Leader: Bill Beehler, 845-454-7832, before 10 PM. Meet: 9 AM at Park & Ride on 9W/Rt. 299, just north of Highland. 4.75 miles of fairly easy hiking from Schott Rd. to site of former Catskill Mtn. House.

LIGTC Full Moon Walk Leader Ken 631-654-2438 Meet: 8 PM at Trails Info Center, ¼ mile north of LIE exit 70.3+ mile night walk on the Pine Barrens Trail; bring a flashlight.

ADK-MH. Bashbish Falls. Leader: Ben Shor, 845-236-4291. Taconic State Park along Bashbish Brook, up a steep trail to the top of the Falls then up Bashbish Mountain for some beautiful views of the surrounding tri-state area. Distance is 3 miles with less than a 1500 ft. ascent. Call

SUNDAY, NOVEMBER 12

WWW/WEC. Windbeam Mt./Highlands Trail Scramble Leader: Don Weise. Meet: Call 973-835-2160 to register; cost \$4 members, \$5 non-members. 7-mile strenuous hike to top of three challenging peaks: Windham, Board and Bear Mountains. Hike along the NJ Highlands Trail, which connects the Hudson and Delaware rivers. 9:30 – 2:30; adults and teens welcome

WTW. Castle Point Trail in Ramano Mtn. State Forest, Leaden Leslie Sosslau, 973-252-8122; call leader to register. Meet: 9:30 AM. We'll hike 5-6 miles to ruins of a 1910 estate with a gorgeous view. Lunch on the grounds or down by the lake; rain/snow cancels.

LIGTC. Stillwell Woods Hike. Leader: Nick, 631-586-3396, 8-11 PM. Meet: 9:45 AM at Stillwell Woods parking lot. 7.5 – 9.5 mile out-andback hike, easy to moderate pace; rain cancels.

MONDAY NOVEMBER 13

RVW. Balsam Cap and Friday Mountains. Meet: 7:00 a.m. at Sawyer Savings Bank parking lot, 87 Market Street, Saugerties. Strent ous bushwhack, 7.5 miles. For more information call: 845-266-3794.

THURSDAY, NOVEMBER 16

ADK-J. Thursday Ramble. Contact Betty 201-967-2937 or Phyllis 201-358-9252 before 9 pm on Wednesday evening.

SATURDAY, NOVEMBER 18

RVW. Balsam Mountain. Meet: 8:00 a.m. at Sawyer Savings Bank parking lot, 87 Market Street, Saugerties. Strenuous 4.7 miles. For mor

continued on page 11

YOU CAN HELP BUY A PIECE OF THE GUNKS!



We must raise \$100,000 by the middle of January toward the purchase of a 100-acre parcel or we will lose it to development.

Stony Kill Falls is the fourth great waterfall of the "Gunks."

Private land comes within a few hundred feet ... Stony Kill Falls is barely protected.

We are also buying access! Once acquired we will build a hiking trail to the falls!

We need your help now before the seller makes a deal with another private party.

. and we need your gifts far beyond what we have asked for in the past.

Please make your check payable to the NYNJTC earmarked for Stony Kill Falls.



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